OSU's Center for Healthy Aging Research Seeks Volunteers for Research Registry

The <u>Center for Healthy Aging Research</u> at Oregon State University is recruiting volunteers to join a registry for possible participation in future studies related to the health and well-being of middle-aged and older adults.

People age 50 and older who live in Oregon are invited to sign up for the <u>LIFE Registry</u>. Those who join the registry will receive information about opportunities to participate in OSU research. Joining the registry does not obligate volunteers to be in any study. We conduct both in-person research and online surveys.

The registry provides OSU researchers affiliated with the Center for Healthy Aging Research with contact information for people who may be interested in participating in studies or are a good match for a particular study. When a registry member is contacted, they will receive information about a study and then can decide whether or not to participate.

The registry is available to OSU faculty members affiliated with the Center for Healthy Aging Research and their graduate students. Studies conducted by faculty affiliated with the Center might involve biological processes, exercise, balance, diet, families, psychological processes or new technologies for helping older adults age in their own homes.

The registry includes about 750 people now and organizers would like to add 250 more volunteers. The goal is to include volunteers of all backgrounds and abilities. We are interested in people of all races/ethnicities, religions, physical capabilities, genders, or social positions. Registry information is confidential and will be released only to Center for Healthy Aging Research faculty and their staff.

For more information about the registry, visit the <u>LIFE Registry</u> webpage and fill out the online volunteer form. We greatly appreciate your participation!