

HOME FIRE SAFETY STEPHANIE MCKEE

# CLASS TOPICS

- Escape Planning
- Home Safety
- Cooking Safety
- Smoke/CO Alarms
- Fire Extinguisher
- Fall Prevention



## ESCAPE PLANNING

- 17 MINUTES VS. 2 MINUTES
- KNOW 2 WAYS OUT.
- GET LOW UNDER THE SMOKE AND GO.
- CONSIDER DISABILITIES OR PHYSICAL LIMITATIONS.
- CLOSE DOORS BEHIND YOU.



## PRECAUTIONS

- KEEP A PHONE OR AN EMERGENCY ALERT DEVICE NEARBY.
- WINDOWS SHOULD BE UNOBSTRUCTED AND EASY TO OPEN.



## HOME SAFETY TIPS

- GIVE SPACE HEATERS SPACE.
- DO NOT SLEEP WITH SPACE HEATERS ON.
- KEEP BELONGINGS 3 FEET FROM HEAT!
- USE BATTERY-OPERATED CANDLES OR DIFFUSERS.
- USE POWER STRIPS NOT EXTENSION CORDS.
- USE APPLIANCES AS DESIGNED.







# SMOKE/CO ALARMS

- INSIDE BEDROOMS AND IN HALLWAYS
- CHANGE THE BATTERIES YEARLY.
- REPLACE SMOKE ALARMS EVERY 10 YEARS, CARBON MONOXIDE EVERY 5.
- HEARING-IMPAIRED OR VISUALLY-IMPAIRED SMOKE ALARMS



# How to Use a Fire Extinguisher



# Extinguisher inspection



- Replace after use, when there has been pressure loss, damage to the extinguisher or after 12 years.
- Most home extinguishers (smaller) cannot be recharged.
- Check local waste management to see if they can be recycled.

#### EMERGENCY ACCESS/ASSISTANCE



# MEDICAL EMERGENCY INFORMATION







## FALL PREVENTION

Get regular vision & hearing checks.	Exercise regularly (walking, yoga, tai chi).	Keep pathways clear.
Use caution with medication.	Clean spills immediately.	Use night lights.
Use only nonslip rugs/mats.	Wear appropriate shoes.	Install grab bars in bathroom.
TVR Tualatin Valley Fire & Rescue		

## RESOURCES

- WWW.TVFR.COM
- TVFR FACEBOOK AND TWITTER
- <u>WWW.NFPA.ORG</u> (REMEMBERING WHEN PROGRAM)

### QUESTIONS?



## THANK YOU FOR ATTENDING!